

## **National Trans Help lines**

[MindLine Trans+](https://bristolmind.org.uk/help-and-counselling/mindline-transplus/) - 0300 330 5468

<https://bristolmind.org.uk/help-and-counselling/mindline-transplus/>

## **Kent LGBTQI+ Support Organisations**

### **Medway Gender & Sexual Diversity Centre – Rochester Kent**

<http://www.mgsd-centre.org>

Support trans people and families with peer support groups for young and adult trans people, parents and carers of trans people. LGBTQI+ Counselling service Medway & Kent [info@mgsd-centre.org](mailto:info@mgsd-centre.org) 01634 408668

**METRO Charity** <https://metrocentreonline.org/>

Medway & Kent LGBTQ+ organisation

**Porchlight Be You Project** <https://thebeyouproject.co.uk/>

Young LGBT+ support in Kent

## **National Trans Support Organisations**

**Mermaids** - <https://www.mermaidsuk.org.uk/>

Mermaids supports children and young people up to 20 years old who are transgender and/or gender diverse, and their families, and professionals involved in their care.

**Gendered Intelligence** <http://genderedintelligence.co.uk/>

work with the trans community and those who impact on trans lives; we particularly specialise in supporting young trans people under the age of 21.

**Gender Identity Research & Education Society** <https://www.gires.org.uk/>

GIRES is a UK wide organisation whose purpose is to improve the lives of trans and gender non-conforming people of all ages, including those who are non-binary and non-gender.

**Stonewall** <https://www.stonewall.org.uk/>

National LGBT+ Organisation

A full set of trans inclusion publications can be found here

<http://www.stonewall.org.uk/supporting-trans-staff-workplace>

### **Introduction to Trans Inclusion**

[http://www.stonewall.org.uk/sites/default/files/first\\_steps\\_to\\_trans\\_inclusion\\_2016.pdf](http://www.stonewall.org.uk/sites/default/files/first_steps_to_trans_inclusion_2016.pdf)

### **Work with Trans Service Users**

[http://www.stonewall.org.uk/sites/default/files/getting\\_it\\_right\\_with\\_your\\_trans\\_service\\_users\\_and\\_customers.pdf](http://www.stonewall.org.uk/sites/default/files/getting_it_right_with_your_trans_service_users_and_customers.pdf)

### **Useful information**

Gendered Intelligence <http://genderedintelligence.co.uk/projects/kip>

Gender Neutral Pronouns <https://genderneutralpronoun.wordpress.com/links/>

### **Allsorts Trans Youth Project**

<http://allsortsyouth.org.uk/resources/toolkits-booklets-guides>

### **Supporting BAME Trans People**

<https://www.gires.org.uk/inclusivity-supporting-bame-trans-people/>

### **Health Care**

'Guidance for doctors treating transgender patients' - General Medical Council <https://www.gmc-uk.org/ethical-guidance/ethical-hub/trans-healthcare>

### **GP Guide Supporting Patients Accessing Gender Identity Services**

<https://www.gp.brightonandhoveccg.nhs.uk/supporting-patients-accessing-gender-identity-services>

### **Trans Men Health Forum**

<https://www.menshealthforum.org.uk/your-body-your-health>

**Non Binary Guidance** <https://www.scottishtrans.org/wp-content/uploads/2016/11/Non-binary-guidance.pdf>

## **NHS Gender Clinics**

<https://www.nhs.uk/live-well/healthy-body/how-to-find-an-nhs-gender-identity-clinic/>

**Tavistock & Portman Under 17 years GIDS** <http://gids.nhs.uk/>

**Over 18 years Charing Cross London** <https://gic.nhs.uk/>

## **Private clinics:**

**Gender Care, London** <http://gendercare.co.uk/>

**Gender GP** <https://gendergp.co.uk/>

## **Housing and homelessness**

**Action for Health** <https://actionfortranshealth.org.uk/resources/for-trans-people/housing/>

**Albert Kennedy Trust** <http://www.akt.org.uk/>

**Stonewall Housing** <http://www.stonewallhousing.org/about-us.html>

## **Legal Information**

### **UK Trans Info**

**Name Change:** <http://tiac.lgbt/namechange>

**Guide to Gender Recognition Certificate** <http://tiac.lgbt/gra>

### **UK Equality Law**

<https://www.gov.uk/government/publications/equality-act-guidance>

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/484857/Providing\\_services\\_for\\_transgender\\_customers-a\\_guide.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/484857/Providing_services_for_transgender_customers-a_guide.pdf)

**Gender Recognition Act 2004** <https://www.legislation.gov.uk/ukpga/2004/7/contents>